



AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

October 2026

DISTRIBUTED FREE TO HOUSEHOLDS AND BUSINESSES
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October

October brings a wonderful mix of colour, creativity, community and, of course, plenty of pumpkins to carve. In this issue, we explore the tradition behind those familiar glowing faces and invite you to have a go at creating your own!

We're also continuing our 20th anniversary celebrations, recognising the local businesses that have supported us over the past two decades, and the many ways we've been able to support them in return.

As always, you'll find our Directory of local services and tradespeople, together with community news, events and listings to help you stay connected with what's happening on your doorstep.

Thank you for reading and supporting local.

Have a great month.



Liz Barker, Editor

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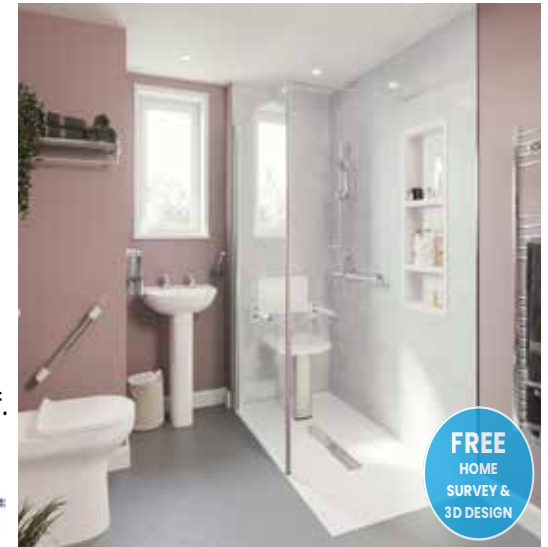
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**A few words from the businesses
we're privileged to support**



As Worth Valley Publishing celebrates 20 years, we're especially grateful to the thousands of local businesses who have trusted us to help them connect with the community since 2006. From our small team, Joanne in the office, Clive leading distribution in the field, and Elizabeth, founder and editor ~ thank you for your continued support. We're proud to play a small part in the success of so many local businesses, and we're delighted to share a few of their kind words.

"The Worth Valley Magazine has been a huge help to us over the past 12 months as we've built and grown Incanto Homes. Starting a new local business can be challenging, but advertising through the magazine has helped us get our name out there, reach people within our local community and, most importantly, generate new enquiries and work. It's been great to see the support of local customers and businesses, and we're really grateful to the Worth Valley Magazine for helping us get Incanto Homes off the ground." **Michael, Incanto Homes**

"As a local business, we wanted to support a local magazine, and we certainly haven't regretted our decision to advertise with the Worth Valley & Aire Valley Magazine. In fact, we have been so impressed with the response and service that around 95% of our advertising is now done through their magazines. The team are always on hand whenever I need to make a change, have a question, or simply need some advice. They are friendly, helpful and an absolute pleasure to deal with. For us, supporting a local publication has proved to be a great decision, and we would have no hesitation in recommending the Worth Valley & Aire Valley Magazine to other local businesses looking to promote themselves within the community." **David, F & D Pest Control**

"I have advertised my business through Worth & Aire Valley magazines for 16 years. Apart from word of mouth, this is where I gain most of my customers. This is my only form of advertising. All the magazines cover a vast area to my advantage. I will continue to advertise my business with them." **Adele, Adele's Ironing & Cleaning Services**

"I've been advertising with Aire Valley Magazine for just short of 10 Years now. This in itself says, that this little magazine works well for me. I always make a point on asking how my customers have heard of me, this helps me understand what works and what doesn't in advertising. So Team TTT would like to wish Team Worth & Aire Valley a very Happy 20 years, Keep doing what your doing...it works" **Sue, Tiles Taps & Tubs**

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Pork Steaks ~Normandy Style



By Martin Lingard

I learnt to cook this when I was fourteen on my French Foreign Exchange trip where I stayed with a

family in Normandy.

The mum of the family I was staying with realised I was interested in cooking and taught me how to make this. It's a really good recipe to eat in the autumn.

I like to serve this with mashed potatoes and green beans.

Ingredients (Serves 4)

4 pork shoulder steaks

75g unsalted butter

1 large onion, roughly chopped

2 cloves of garlic, crushed

Small bunch of fresh thyme

4 dessert apples, peeled, cored and sliced

400ml dry cider

100ml double cream

Salt & Black pepper



Method

1. Preheat your oven to 140C.
2. Season your pork steaks well with salt and pepper. Heat half of your butter in a large frying pan on a medium heat and brown the steaks two at a time. Once done, transfer to a flameproof casserole pot and tuck in the thyme.
3. Tip the rest of your butter into the frying pan and add the onions and garlic, sauté gently until soft, then add your apples. Mix well and fry for a minute or two before adding the cider. Turn up the heat to bring everything to a simmer and season with salt and pepper. Now pour everything over the steaks in your casserole and put on the lid..
4. Place in the oven and cook for forty minutes. Once done, remove from the oven. Lift out the steaks and cover in foil to keep warm.
5. Now put your casserole pot on a high heat and boil vigorously, stirring continuously until you've reduced the liquid by roughly a third, then reduce the heat and stir in the cream.
6. Finally, plate up your steaks and spoon the cream, cider and apple sauce generously over them.



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Who are we?

**Our Keighley
Denture Expert is
Matthew Varley
(Dip CDT RCS)**

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few years as far as dentures are concerned. The fact is, **you don't have to suffer badly designed or ill fitting dentures anymore.**

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake.

Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

**Everybody has
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Denture Problems Look no further...

*Would you like to be more confident?
Do you suffer from denture discomfort?
Loose or ill-fitting dentures?
Afraid to smile?*

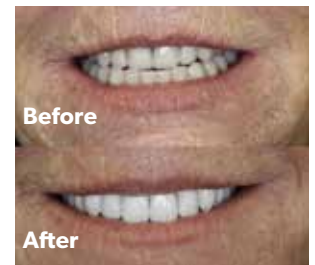


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BEHIND THE SCENES AT THE MUSEUM

This month marks 119 years since the publication of Charlotte Brontë's much-loved novel Jane Eyre. First published in October 1847 under the pseudonym Currer Bell, the novel was an immediate success and has gone on to become one of the best-known love stories in English literature.

Like much of Charlotte's work, Jane Eyre draws on experiences from her own life. Perhaps the most famous example is Lowood School, which was inspired by Charlotte's time at Cowan Bridge Clergy Daughters' School. Charlotte attended the school alongside her elder sisters, Maria and Elizabeth, and her younger sister, Emily. It is often suggested that Charlotte drew on her memories of her sister Maria when creating Helen Burns, Jane's kind and quietly courageous companion at Lowood.

Whether or not that connection can be proved, the parallels offer a fascinating glimpse into the real-life experiences that helped shape one of the world's most enduring novels. Tragically, an outbreak of tuberculosis at Cowan Bridge claimed the lives of Maria and Elizabeth. Both became seriously ill and later died at home in Haworth. Following their deaths, their father, Patrick Brontë, decided to remove Charlotte and Emily

from the school and bring them back to the Parsonage to be educated by their Aunt Branwell.

We have some exciting events coming up this month!

In the last issue of the Worth Valley Magazine you may remember reading about the interesting connection between Branwell's Studio and Sally Wainwright's To Walk Invisible. This month, as part of our 10 year anniversary celebrations

of Sally Wainwright's Brontë biopic To Walk Invisible, we're welcoming production designer **Grant Montgomery** to share his memories of transforming Main Street back to the 1840s, recreating Church Street on Penistone Hill and the Parsonage interiors on a soundstage in Manchester. Plus for a limited time you can learn even more about the epic Brontë biopic in our new exhibition, **10**

Years of 'To Walk Invisible'. This special exhibition highlights the set design and costume design, exploring how the Brontës were brought to life on screen. There is also a selection of costumes by Tom Pye on display in the Museum.

This exhibition will be in place until Thursday 31 December, so there's plenty of time for you to pop in and take a look!



Brontë Parsonage
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Sudoku

				4		7	3	1
2								6
5		4			3			
	5		7					9
	2				8		4	
			6			8		3
1								7
7	8	2		1				

	2					5		6
			3					
		8	1		2		7	9
				1				7
3	9						6	5
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1	7		4		5	9		
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	3	1	4					
		2			7	3		

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		7		2		1	6	
9	2				6		7	
				3			5	
1								7
	5			6				
	1		4				2	6
	8	9		7		4		
		6	1	5				

How to Play Sudoku

The goal: Fill every empty square in the 9×9 grid with a number from 1 to 9.

The rules:

Each row must contain the numbers 1-9, with no repeats.

Each column must contain the numbers 1-9, with no repeats.

Each 3×3 box must contain the numbers 1-9, with no repeats.

You've solved it when every row, column, and box contains 1-9 exactly once. **Good luck!**

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Where
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COMPETITION

Where is the **red x** located in the photo to the right?

This month's prize is generously donated by The Keighley & Worth Valley Railway: (Day Rover Pass)

Email your answer along with your name & address to:

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The winner will be selected from all correct answers received by October 16 2026.



The location of last month's competition was Long Lee Surgery and the winner was Isabel Snow from Keighley.



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COMMUNITY PAGES

Oct to 21st Feb 2027 Keighley Cougars history at Cliffe Castle Museum Keighley. Photographs, programmes & club memorabilia.

Oct to 31st Dec 2026 10 years of To Walk Invisible at the Bronte Parsonage Museum This special exhibition highlights the set design and costume design, exploring how the Brontës were brought to life on screen.

Every Monday 9.30am - 12 Warm Space Everyone Welcome at 23 Temple Row, Keighley, BD21 2AH

River Worth Friends – litter picking and conservation tasks **Volunteers wanted Tuesdays, 10am–12** info@riverworthfriends.org for more information

Art at East Morton Institute Monday's 10am to 12pm & 1pm to 3pm.

Thursdays 10am to 12pm. More info contact karenredhead@hotmail.co.uk

Friends of East Riddlesden Hall - meet once a month between Oct and April on a Thursday 2pm to 4pm in the Airedale Barn. Contact Secretary on 0771 373 3516 for more details

Every Monday 1-3pm Tea Dance at Keighley Civic Centre £2.50 inc tea & biscuits.

Every Monday 7 -9 pm Andy's Man Club Project 6, Devonshire Street, Keighley

Every Monday to Friday Dementia Friendly Keighley 10am – 4 pm Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

East Morton Playgroup. Sessions; Tuesdays & Fridays 9.30-11am term time. Find us on facebook Lots of toys, singing & snack

Every Tuesday 10am - 12 noon Keighley Remember When? Fancy a chat? Age UK Unit 8 Airedale Centre, Cooke Lane, Keighley.

Every Tuesday 10.30am - 12 Dominoes Club at Keighley Civil Centre, Keighley

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games Morning, for people/carers living with dementia **Airedale Shopping Centre, Keighley.**

Tuesdays (Term Time) 3pm-4pm Calm at the Castle – relaxation and meditation – friendly group. FREE and no experience needed at Cliffe Castle, Keighley

Morton WI every second Tuesday evening each month. Social evening with refreshments at **The Institute in East Morton 7:20 pm.** Contact Ann 07968094238 or email presidentmortonwi@gmail.com

Every Tuesday 7.30pm Airedale Male Voice Choir at Steeton Methodist Church, Skipton Road, Steeton. No audition all welcome or call Roy 07944 092883

Every Tuesday 7pm - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

The Craft and Chat group which meet on the 1st and 3rd Tuesday of the month from 10am to 12pm in the **Church Hall. Keighley New Church, Braithwaite Road, Keighley.** Enjoy crafting or just a friendly chat amongst friends

Third Tuesday of a month 6 pm - 7.30pm Poetry Reading Group at Keighley Library. All Welcome with free refreshments.

Every Wednesday 10am - 1pm Dementia drop in -Sangat Community Association Marlborough Street Keighley 01535 610263 A drop in for people living with dementia and people who feel they they may have dementia

Every Wednesday 11 am - 2pm Keighley Dementia Advice at **Keighley Library** Whether you need advice, a listening ear, or guidance through the challenges dementia can bring. Contact 07961 537888

Every Wednesday Morton Meet and Tiny Feet Cafe at **East Morton Institute** on 2.15pm to 4.15pm.

Every Wednesday 1pm -2.30pm Civic Centre Keighley Gibson Dance Exercise Class for ladies 50 plus.

Every Thursday (Oct to April) 9.30am Keighley & District Men's Forum Keighley Playhouse (corner entrance) Devonshire Street, Keighley

4th Thursday of the month 11 am to 1 pm at **Keighley New Church,** Braithwaite Road, Keighley BD22 6PX. All are welcome.

Thursdays 10 -11.30am Cafe, Chat & Crafts weekly social for over 55's at **St Michaels Centre, Bracken Bank Grove, BD22 7BE**

Every Thursday from 1.30pm Time For Me Bereavement Support Group meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. Further info contact helen.timeforme@gmail.com

Thursday & Fridays 10.30am to 3 pm The Drop-In at **The Civic Centre, Keighley.** A great place to meet new people, play board games or dabble in arts & crafts.

Every Friday 9am -11.30am Table Top Sale (clothes, houseware, furniture etc) at **The Good Shepherd Centre, West Lane, Keighley, BD22 6ES.**

Every second Saturday of a month **10am -12 noon Riddlesden Green Connection Community Cafe** at **St Mary's Meeting Room, Banks Lane BD20 5PA .** Eco liquid refills, book swap and cafe

Alternate Sundays Keighley Can Sing 2 pm -3.30 pm Open singing group for anyone wanting to connect and sing with others for joy. Warm, friendly and supportive group **Central Hall, Alice Street, Keighley**

Sat 10th Oct Mental Health Awareness Day 10am -1pm **Keighley Creative, Hanover Street, Keighley.** Offering information advice, support and connect with services in the area.

Sat 10th & Sun 11th October
Haworth Steam Punk Weekend
 with RSH Artisan Markets Central
 Park Haworth. Street entertainment on
 the cobbles inc choirs, dancers, bands.
Mon 12th Oct 10 am Ladies only
Riddlesden to Silsden Canal Walk
 start at East Riddlesden Hall Cafe
 approx 5 miles taking approx 2
 hours. Book via walkingwanderers@
 outlook.com.

Thurs 15th - 18th Oct Keighley
& Worth Valley Railway Beer &
Music Festival Wide selection of beers
 (mostly real ales) from all over the country
 to choose from. Along with cider, wine &
 Gin.

Mon 19th - 24th Oct A Passionate
Woman Keighley Playhouse,
 Devonshire Street, Keighley Kay
 Mellor's drama of "family, love and Leeds"
Sat 24th Oct - 1st Nov Half Term
Pumpkin Trail at East Riddlesden
 Hall

Sat 24th Oct & Thurs 29th Oct
1pm - 3pm Diwali Lantern Making
Workshops at Keighley Market.

Free to attend All ages welcome
Sun 25th Oct 11am - 3.30pm Slow
Sunday at Cliffe Castle, Keighley
BD20 6LH Enjoy chilled-out tunes,
 slow art activities, Tai Chi in the galleries,
 crafting, wellbeing walks and a seasonal tea
 ceremony, with plenty of opportunities to
 pause, notice and reconnect.

Sun 25th Oct 2pm - 3pm Music at
the Museum Cliffe Castle Keighley
BD20 6LH Featuring brass, banjo,
 guitar and percussion, the group creates
 an intimate acoustic sound that shifts
 effortlessly between playful, powerful and
 quietly moving. Their performances are
 known for being engaging, thoughtful and
 full of personality. FREE entry.

Tues 27th Oct 10am - 3pm Diwali
Celebrations at Cliffe Castle
Museum family-friendly activities, crafts
 and creative workshops

Thurs 29th Oct - 31st Oct The
Spooky Express on the Keighley
& Worth Valley Railway Oxenhope
 Station BD22 9LB

Sat 31st Oct & Sun 1st Nov 10am
- 4pm Halloween Craft Fair at
The Old School Room, Haworth,
 BD22 8DR £1 entry tea/coffee inc. Dogs
 Welcome.

Sat 31st Oct 1pm - 3pm Autumn
Fair at Keighley New Church
BD22 6PX Join us for hot and cold
 refreshments and a variety of stalls.

Thurs 5th Nov 11am - 1pm
Community Cuppa Club Coffee
 Biscuits & Social Activities (Free Event) at
Airedale Shopping Centre.

Sudoku Solutions

8	6	9	2	4	5	7	3	1
2	1	3	8	9	7	4	5	6
5	7	4	1	6	3	2	8	9
4	5	1	7	2	6	3	9	8
3	9	8	4	5	1	6	7	2
6	2	7	9	3	8	1	4	5
9	4	5	6	7	2	8	1	3
1	3	6	5	8	4	9	2	7
7	8	2	3	1	9	5	6	4

7	2	3	8	9	4	5	1	6
5	1	9	3	6	7	8	4	2
4	6	8	1	5	2	3	7	9
8	5	2	9	1	6	4	3	7
3	9	1	7	4	8	2	6	5
6	4	7	5	2	3	1	9	8
1	7	6	4	8	5	9	2	3
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9	3	5	2	7	1	6	8	4

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1	9	3	2	4	5	6	8	7
7	5	8	9	6	1	3	4	2
3	1	5	4	9	8	7	2	6
2	8	9	6	7	3	4	1	5
4	7	6	1	5	2	8	9	3


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The pumpkin may have become the face of Halloween, but its roots are rather closer to home. In Ireland, people once carved faces into turnips and other root vegetables, placing a light inside to create a lantern for the darkness. One story associated with the tradition is that of Stingy Jack, a legendary trickster who managed to outwit the Devil. When Jack died, neither Heaven nor Hell would have him, and he was condemned to wander in darkness with only a burning coal inside a hollowed-out turnip to light his way.

And so, according to the folklore, came the Jack of the Lantern.

When the tradition travelled to North America, the pumpkin proved considerably easier to carve than a turnip. The great orange pumpkin gradually became the familiar Halloween lantern, and the custom eventually crossed the Atlantic again bringing us the glowing pumpkins that now appear on doorsteps across Britain.

A Yorkshire ghost story

And then there is the Gytrash, a ghostly creature of northern English folklore, familiar in the Brontës' time.

Charlotte Brontë carried it into Jane Eyre, where Jane remembers the Gytrash as a spirit haunting lonely roads in

the form of a horse, mule or large dog. It seems rather appropriate, then, that Yorkshire has its own bit of supernatural folklore to add to the Halloween story.

So, when you carve your pumpkin this year, why not look closer to home for inspiration? A Yorkshire Gytrash, a wild-eyed hound, a shadowy moorland creature or simply a suitably ghoulish face for your Jack o' Lantern.

Please send us a photograph of your creation. We'd particularly like to see the scary, curious or wonderfully wonky designs that appear on doorsteps across the community this Halloween.

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(2002)

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the Witches

(1990)

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HALLOWEEN 4
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